

GSZ HANDOUT

EARLY SIGNS OF GSZ:

1. Refusal to go to bed. "I'd rather sleep on the couch.:"
2. Opposition to going to bed. A person pleads insomnia.
3. Restlessness. Unable to fall asleep for hours.
4. Nightmares.
5. Feelings of a "presence" in the bed, This occurs mainly with young children,
6. Children insist a monster or ghost lurks in the closet or under the bed,
7. An aversion to certain spots in the bed.
8. A feeling of falling out of bed.
9. Sleep walking.
10. Waking up with night sweats.
11. Also feeling cold or shivering in bed.
12. Waking up tired most mornings
13. General fatigue and apathy.
14. Nausea in the morning even vomiting.
15. General feelings of despondency, stress, and depression.
16. Frequent crying upon waking up in the morning.
17. Rapid heartbeat while lying still in bed. Body cramps.
18. Lying down and feeling dizzy.

QUESTIONS TO ASK:

1. When did you move into the house or apartment or start to work in that space?
2. When did you first start sleeping in the exact place where you now sleep?
3. When did your current condition first manifest itself?
4. Did the condition persist when you went away for a holiday, a business trip, or spent a few days in the hospital?
5. Did the condition return when you returned to your normal bed?

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USING A SMARTPHONE TO IDENTIFY WHERE THE GSZ'S ARE:

You need to be onsite to do this.

IDENTIFY A GSZ IN A BEDROOM USING A SMARTPHONE:

Go to Google apps and download a compass. Check that it works fine, then walk through the affected bedroom. When the Smartphone is over a Geopathic stress zone, the needle will swing violently. In this way you can become an electronic dowser. Anyway, once the zone is located you can move the bed to safety.

IDENTIFYING GSZ'S USING A GOOGLE EARTH MAP:

Download Google Earth. Then using Google Earth access the address you would like to work on. You may want to zoom in some, Be sure the map is a little larger than the property lines, Put your non-dominant hand on the map.

ASK: *Are there any Geopathic Stress Zones located on the property?*

If NO, you are done,

If YES, proceed.

ASK: *How many Geopathic Stress Zones are there? One, two, three, etc.?*

List this info on a piece of paper as #1 GSZ, #2 GSZ, etc.

Point to #1 GSZ and ASK: *How many feet below the earth's surface is this #1 Geopathic Stress Zone? More than 10 feet? 20 feet? 100 feet? Etc,*

ASK: *How wide is this Geopathic Stress Zone? Is it more than 1 inch? More than 2 inches? Etc.*

ASK: *What direction does this GSZ flow? North to South? South to North? East to West? West to East? NW to SE? SW to NE? etc.*

ASK: *Does this Geopathic Stress Zone split?*

If NO, proceed.

If YES, ASK: *How many times does it split? 1? 2? Etc.*

Record this data on your paper.

PLOTTING THE GSZ'S USING THE GOOGLE EARTH MAP:

1. Point to #1 GSZ,. Ask: *Where does this Geopathic Stress Zone enter the perimeter of this property?* Move the pendulum slowly along the perimeter until your pendulum stops.
2. Mark "X".
3. Repeat first step only ask: *Where does this Geopathic Stress Zone exit the perimeter of this structure?* Slowly move your pointer or finger along the edge of the property Perimeter until your pendulum stops. Mark the spot.
If there are more than one exit repeat this until you've identified all the exit points.
4. Point to one of the X's. Ask: *Does this GSZ run in a straight line?*
If YES, draw a line from one X to the other X with a straight edge. Then ask which direction the water is flowing. An L-ROD is handy for this, but it can be

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done with the pendulum as well.

If the answer is NO to the GSZ running in a straight line, you must dowse using either the pendulum or L-ROD or a combination of the 2 to determine how the water flows. You've already determined which direction the GSZ flows..

5. Identify and draw in all GSZ's before proceeding.

Repeat this process for each of the GSZ's you've identified.

CLEARING THE GSZ'S USING ROGER EGBY'S DECREE:

Be in a light meditative state. Egby says to close your eyes and imagine you are looking up to a blackboard inside your forehead. Hold this for a slow count of 5-10, then open your eyes.

Place your non-dominant hand on the map your pendulum swinging gently in your dominant hand, Then with your non-dominant hand hold a pointer (pen or pencil) over the target and move the pointer slowly but firmly encircling the target.

As you perform the encirclement, with your eyes on the target, your pendulum should start to swing vigorously. After about 7 encirclements with the pointer, the pendulum should be at peak, Relax the process and go into the Decree.

In this Decree you can call on whatever Universal Power is in your belief system. Egby uses Holy Spirit. You may choose to use Infinite Intelligence, Cosmic Force, Great Spirit, God, Buddha, etc.

Egby says you may modify this Decree lightly. It works remotely as well as if you are physically on site. The Decree should be said with marked enthusiasm. He uses "we" instead of the egotistical "I". He says after all there are you and the Holy Spirit working here. Through experience he has found that using the finite 100 years is best,

In the name of (the Holy Spirit, God, etc....) We decree that all negative energy existing in this place including a Geopathic Stress Zone - be transmuted and converted into all that is good and beautiful. We ask that this Decree remain in existence for one hundred years from this date. Amen.