

Go to the appendix for a sheet on Planetary Forces.

EMOTIONS: Bad emotions should read low, good emotions should read high. There are well over one hundred rates for the many emotions experienced by humans. Refer to the rate book to find the rates that may be helpful for the condition you are trying to balance. Once you find a condition that is adverse, simply balance it.

Let's say someone is angry all the time. You could check different vitamins or minerals and see which ones brings the anger down. Or check different environments. Use your machine as an analytical tool for positive or negative emotions. It is used by a lot of psychologists to determine the source of these emotions. Is it dietary, mental or environmental? This will give you a handle on emotions.

One lady would balance her grandchildren for aggressiveness and anger before they came to visit. When they got to her house, they behaved very well in her home. There are a large number of rates in the book that are emotional rates. You can check people to see what their emotions are running to get a handle on their kind of character.

One man sent his car to the shop and it came back with same problem. He sent it back and they still didn't get it fixed. In frustration he took a picture of the building and scanned a rate for the problem. He found the problem was Dumbness, rate 40 -29. He balanced the building for dumbness and took his truck back again. They fixed it and this time it worked.

CHAKRAS AND AURA RATES:

Chakras: There are 7 major chakras in the body. They are from the top down, the Crown, Ajna (Brow), Throat, Heart, Solar Plexus, Sacral and Base. These are the focal points in the body that receive energies for the purpose of vitalizing the body. Healing energies are directed toward the diseased areas of the body from these focal points. They originate from the physical, emotional and mental worlds of the lower self.

See the section in Radionics / Health on Chakras, Section IV.

Aura Rates: Aura rates are used to determine the condition of the aura and to bring the aura in balance with the GV. Aura coordination should always equal the GV. If it is low, look to the aura distortion (43 - 28) and balance it. The distortion should ideally read zero.

AURIC BODIES:

The auric bodies are the electromagnetic layers or shell surrounding the body. The layers of the auric body are,

1. Physical Body	68 - 49
2. Etheric Body	49 - 57
3. Astral Body	25 - 47
a. Density Level # 1.	87 - 69
b. Density Level # 2.	68 - 37
4. Mental	48 - 27
5. Causal	17.5 - 58

PHYSICAL BODY: ~ *emotional*

This is the body that we deal with every day. It is the physical aspect of our being. The aspects of the physical body have been covered in the other portions of this book.

ETHERIC BODY:

The etherical body is the first layer of the auric bodies going out from the physical and is related to the emotions. As mentioned above, we have a sheet with all the physical organs on it and by now you should have that pretty well balanced. What is next? You begin to work on the etheric level. You run the Analysis Chart for the etheric level and balance each gland or condition on the sheet just as you did on the physical body. That sets up your etheric field. That balances your organs in the etheric layer. It brings the etherical body in line with the physical body.

The etherical body is the blueprint of the whole body. (It should read GV.) If you have an organ in the etherical body that doesn't read GV, *low* balance it.

Balancing Etheric Illness: As you clean up the physical body, you may begin to look at the next level or the etheric body. How do you get to the etheric body? Set the rates on bank 1 at 49 - 57. Then set the rates on bank 2 at 9 - 49. This will give you the GV of your etheric body. You then run the entire Analysis Chart for your etheric body by leaving the rates on bank 1 at the 49 - 57. [If an organ is low, say the heart.] Set the rates on bank 2 at 2 - 76 and balance it just as you would for the physical body. The difference now is you are using 2 banks to balance the problem and you are working on the first layer of the auric bodies, the etheric body.

Sometimes a disease not yet manifested in the physical body is detectable in the auric bodies. In other cases, a disease that seems to defy normal balancing methods will have it's cause in the auric bodies and continues to cause problems in spite of normal balancing methods. In these cases, you must go to the auric bodies and balance them to get to the root cause of the problem.

1. Set the rate for the auric body on bank one and run the Analysis Chart for the entire body on bank 2.

2. Balance the entire body just as you did the physical body earlier.
3. The GV for all auric bodies should read the same as the GV for the physical body. When a difference occurs in the GV of two bodies you have to balance them. There are two techniques to balance the auric bodies,
 - a. Set one bank on 43-28 and the second bank on the rate for the lower of the two bodies (2 Bank).
 - b. Set the rates for the low body on bank one and the rate for the other body on bank two and balance both bodies at the same time (2 Bank Rate).
4. To find the level of a disease or disorder as it comes through the auric bodies,
 - a. Put the auric body rate on one bank, and the disease or disorder rate on the second bank.
 - b. Check the intensity of the organ. If it does not equal the GV of the auric body, you know there is a problem in that organ.
 - c. If you are dealing with a disease, the intensity reading will be high. Balance it just as you did the physical body.

An interesting thing in nature is that the etheric field is developed in the plant kingdom. This is why it is so important to use green manure on the farm. You are putting or adding an etheric material back to or into the soil. An example is when a farmer plows under a cover crop.

Follow the above procedure to balance any of the auric bodies. Use the rate for the auric body you wish to balance on bank one and the organ or condition you wish to balance on the other bank.

ASTRAL BODIES:

The next bodies are the astral bodies. There are 3 of them and they go out a little farther. They are the

1. Astral
2. Astral Density level # 1
3. Astral Density level # 2

The main thing is to keep the GV of the astral body equal to the GV of the physical body. The astral body is related to emotions. What body are you especially going to work on if a person has an emotional problem? You work on the astral body. In Christian tradition, the astral body is commonly referred to as the soul body. When you get a negative emotion the emotional body collapses. When you get a good strong feeling it expands. You feed the astral body with good positive emotions.

The astral body is developed in the animal kingdom. That is why animals are extremely emotional. People who works with animals know that animals don't have the intellect to keep the emotions under control. They are developing.

Auric Field in Soil: Rudolph Steiner tried to rebuild the auric field in the soil with biodynamics, but nobody understood what he said. If you rebuild the auric field in the soil, it will be absorbed into the plant and you get a healthier plant. You build the etheric field with green manure, you build the emotional field with animal and human manure and you build the mental field with human manure.

Did you ever wonder why so many of the foreigners, especially the Orientals do so well in American schools. In the Orient, human waste is still a vital part of their farm fertilizer program. They are building the mental field into the soil. Plants grown under these conditions are high in mental body.

Some people will tell you it is home discipline that accounts for the good grades of foreign students. I won't argue that discipline is important. If Steiner is correct, the discipline is only a part of the reason.

Auric Fields / Hydroponics: Dr. T. G. Hieronymus found that the plant kingdom has about half the organ rates that people have. The seed of the organ is there, but it hasn't developed yet. The application of green manures to the soil helps these plants develop. When we eat these plants we get the benefit or energy to help build our etheric body.

If you understand this principal, you understand why hydroponically grown food is not sufficient to sustain good mental health. Hydroponic food is dead in an etheric sense. It does not contain an adequate etheric level. It does not have the emotional life in it. When you eat hydroponic food you are not getting nourishment for the etherical body. It has the mineral content, but does the mineral have a very large etheric field? No. Does it have an emotional field? No. You can't add manure to a hydroponic growing medium. The plant needs the minerals to develop the physical, but it also needs the manure to help it develop the higher bodies that the plant is trying to build. In summary, hydroponic grown tomatoes look great, but they are not nutritious to the etheric bodies.

The astral body is also related to emotions. If you have an emotional problem that you cannot cure in the physical world, look at the problem in the astral body. Many times, the problem will clear up once you clear up the astral body.

MENTAL BODY:

The next body of man is the mental body. It goes out a little further. It is more nebulous. It is harder to see. It is directly related to the thinking process, reason. We build the mental body through reason. If you can reason out a solution, you don't use dowsing. It is the balance between reason, instinct and emotion that make you whole. That is why we are put in a physical body that is mobile and can move about, to experience different conditions so we can work, learn and improve the ability to reason.

Now to get technical. Many people may find repugnant the idea of putting human waste on the ground as a fertilizer. In the early days of our country, human waste was important as a fertilizer. In many parts of the world, it is still very important in growing food. It is only with the advent of easier to handle chemical fertilizers that we have begun to think of human waste as unfit for a source of fertilizer.

It is important that human waste get back into the soil. Why? When you use human waste as a fertilizer, you are adding the mental body back into the soil. Not only for the elements, but for the etheric, emotions and the mental bodies. What is the human waste rich in? Mental body. What does the mental body feed? Reason. This is why hydroponics and a lot of our food grown in the U.S. is deficient in feeding the etheric bodies. It doesn't contain the energy needed for their growth.

Where does most of the sewage i.e. human waste in the U.S. go? It goes into the river. The oils in the waste products, the most vital part of human waste to get back into the soil, go down the river and into the ocean. If you have a septic system, plant a few trees around the drain field to get that energy out of the ground. One researcher said the sweetest oranges he ever ate were in California on a tree that was near an outhouse. They had a Brix reading (measure of sugar content) of about 26.

This is what Steiner meant when he said it is important to get the manures back onto the ground. One of the best fertilizers on the market is milorganite, Milwaukee sludge. If you use sludge put some lime on the soil with the waste and the bacteria will take care of it. The greatest purifying agent in the ground is lime. Put it in the soil. You can take almost any toxic chemical substance, and put it with lime, soil and bacteria and you will correct the toxicity.

These two bodies, the mental body and the emotional body are very, very important to keep balanced. The age old problem or difference between men and women is that women normally have a higher emotional body and men normally have a higher intellectual body. This is the conflict. Actually it is a blessing. Nature made it so men develop the mental body of reason and women the emotional body of love. They do this for a purpose. It allows us to develop faster if we use it properly. The reason men and

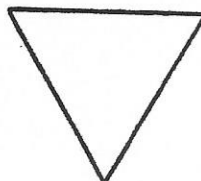
women get together is the woman teaches man to develop his emotional body and the man teaches the woman to develop her mental body. If you want to develop properly, keep the mental body and the emotional body even. It prevents conflicts.

What happens when you have someone with a very large mental body and a small emotional body. You have the Hitlers and the Stalins. They have the knowledge, but they don't have the heart to control it. This is why people can do cruel things.

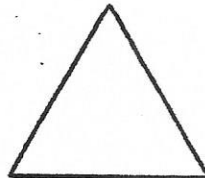
On the converse, what happens if we have someone with a very large emotional body and a small intellectual body? These are save the world types. These are the ones that want people to do things that emotionally sound good, but usually end up creating a greater problem than existed before their cure. They usually do the wrong thing because they do not have the intellectual capacity to accomplish what the heart dictates. You need a balance between the two. To balance the bodies, balance the lower one.

What happens when a man goes home to his wife. He is strong mentally and she is strong emotionally. He says, what do you mean I don't love you? I change the oil in your car. I mow the lawn. I do this. I do that. He expresses his love from the mental body. The woman expresses her love by touching, by feel and he can't understand why she doesn't appreciate what he does and vice versa. See the problem. Marriage counselors understand the differences in the sexes. While a woman will help the man's emotional body grow, the man will help the woman's intellectual body grow. In ancient literature, they represented the difference in men and women by the picture of an upright pyramid for a woman and an inverted pyramid for a man.

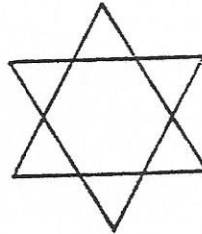
MAN



WOMAN



STAR OF DAVID



Problems occur when a man and a woman get together who are both emotional or both intellectual. In ancient cultures men were thought to be more interested in the intellectual side of a problem and in many cases lacking in emotion. Women on the other hand were more emotional and caring than men and tended to balance the equation. The whole idea is to get the situation in balance. You can see the difference. As you bring these symbols into balance you have a diamond (woman upright and man inverted). What the Ancients used to do to symbolize a marriage was to put the symbols by each other and bring them together. You get another meaning for the Star of David.

You can begin to understand some of the ancient symbology if you can understand what they applied to the symbols. One of the meanings of the Star of David is a balance between the emotions and the intellect. It allows the person then to develop spiritually. Remember it is a pyramid. The base of the pyramid is the physical, etheric, emotional, intellect and finally the spiritual bodies. Everything is built on the pyramid.

If you go to a spiritual teacher, he will really upset you. If you are intellectual he will make you feel. If you are emotional, he will make you think.

CAUSAL BODY:

The causal body is the highest level of the auric bodies. It deals with the spiritual. As you pray, this is the body that is affected. It is directly related to the spiritual nature of man. The causal body is the body used by the angels. It is basically a medium of the angelic realm. You have a causal body and you can develop the same traits or the same abilities the angels have. The problem is nobody has ever told us how to develop the causal body. How do you develop the causal body? By being conscious of your self. Have you ever heard the term, self conscious? The term self conscious is directly related to the feeding of the causal body.

The causal body is fed by prayer. As you pray the negative thoughts are pushed from your mind. The residual effect of prayer keeps those negative thoughts from the mind for a period of time. It is in a sense likened to meditation.

When you pray your mind is emptied of negative thoughts. In meditation your mind is emptied of thoughts. It brings about the communication with your higher self. In meditation you also breath at a more controlled rate. Go back to your Bible and see how many times breath is mentioned. Remember where God breathed life into man? Is the soul connected to breath?

SPIRITUAL:

Etheric Eyes: If you can see a person's auras what are you seeing? You are seeing with your etheric eyes. What happens when you begin to see the coat of many colors, either the soul body or the emotional body? You are beginning to see with the eyes that are in the emotional body. This is why it is important to develop the organs of each particular level, because you begin to function at that level. Rudolph Steiner was one of the few men of this century that could function equally well at many levels. Get some of his books.

As you clean up your physical level you go to the next layer in succession. As each level is cleaned up, go to the next higher level. Always keep the lower levels cleaned up before progressing to the next higher level.

You can develop the skill of seeing peoples auras. First, develop the practice of peripheral vision. Always look to the side as much as possible. Through the years, we have lost that ability. We are taught to look straight forward or directly in a persons eyes as we are talking to them. When you do that you lose sight of their aura. Did you ever talk to someone who was looking over your head? Chances are that person was looking at your aura. As you view a person's aura, you begin to see what kind of individual they are, honest, religious, or dishonest. That will give you an edge when dealing with people.

As you balance your body and raise your vitality, you will begin to develop this skill. You may begin to catch a glimpse of something out of the side of your vision. Or, you may begin to see a glow or an energy field around people. That is their aura. You may see things you can not explain. If you don't understand what you are seeing, you may think you are going crazy. Don't worry about it. It is a natural part of your progression into a higher level of consciousness.

Stop

There is a very good book on the market called "The Cup Of Destiny" written by Trevor Ravenscroft. This has to do with Christian development. It is a very interesting book. It gets into the Christian method of developing the spiritual bodies. It is in second addition printing now so there may be some delay in getting it from your local book store. [Are you fascinated with fairy tales. Most of the early teachings were converted into fairy tales. Once you begin to understand what the fairy tales mean, then you can understand how to develop your spiritual bodies.]

An example is where a city was surrounded with twelve gates. The twelve gates represent the chakras with twelve petals on it. This book gives you an indication on how the truth was put into fairy tales and the keys behind it. [A man has basically three bodies. In the fairy tales, you have three different people. One represented the mental man, another the emotional man another the instinctual man and how you have to blend each of these to become a man. It gives you a lot of inspiration.

In our society, they have taken the word Aryan to be a bad work. You can study Black history, Hispanic history, but the minute you mention Aryan history people get very concerned. This is where the true tradition is and that will give you an insight on how to get to it.

In some cases, meat eaters are at a disadvantage in developing spiritually because the animals they eat are killed in such a way that fear is all over the meat. The Jews have a strict ritual in killing the animals so there is no fear and it is not trapped in the meat they eat.

That is why you say grace over your food. At the last supper some very important things were done. Christ taught us that if you really want to develop the spiritual body, when you eat something, you remember where it came from. Where did it come from? The earth. When you eat something, try to see if you feel the earth it was growing in. It will give you another dimension in which you can grow. When you drink the juice from a plant, see if you can actually absorb it and consciously feel the earth from which it came. You will develop the spiritual body. That is one of the secrets of the last supper. The blessing of the food is one thing you should always do, but remembering where the food came from while you are eating it is another.

Some people will sit down at a table and quietly bless their food. They don't have to make any signs or show they are praying. Some people may wonder why you don't say grace? Remember in the Bible where Christ admonished those who were in the temple just to be seen. You don't have to make an outward gesture to bless your food. If a situation arises and you have already asked for the blessing over your food, don't make a big deal out of it, just join in with others in asking a blessing. Don't question people that don't go through the ritual. Most rituals were designed to impress others.